This checklist was designed to help you inform your patients of what they need to know to help ensure successful enteral feeding once they leave the medical setting.

**MIC-KEY® GJ Quick Start Guide, Feeding Tube Equipment & MIC-KEY® Feeding Tube Demo Doll**

- Review the Quick Start Guide with the patient (and/or caregiver) along with each piece of equipment in their kit, including the syringes and extension sets. Explain proper use and care and discuss how often each item should be replaced.
- Inform the patient and/or caregiver of how/when/why they will be receiving replacement parts and what to do with them.
- Have the patient and/or caregiver practice setting up their first feeding by using their own equipment on the MIC-KEY® Feeding Tube Demo Doll.
- Go over the “Tips for Feeding Tube Success” section of the Quick Start Guide in detail to assure that the patient and/or caregiver fully understands the do’s and don’ts of MIC-KEY® GJ equipment use.
- Point out the information resources that are available in the “For More Information” section of the Quick Start Guide and discuss their purposes.

**Stoma Site Care & Signs To Watch For**

- Describe to the patient and/or caregiver how to care for their stoma site.
- Refer to the Stoma Site Poster when discussing how to recognize stoma site issues, how to prevent them and what to do if issues arise.
- Explain why different patients need different feeding tube lengths.
- Inform the patient and/or caregiver that they may need to be resized for feeding tube length if:
  - They experience any changes in weight.
  - They notice any stoma issues listed in the Quick Start Guide or Stoma Site Poster.

**Formula, Hydration & Medications**

- Refer to the physician’s diet instructions and discuss formula and blended diets.
- Review their physician’s instructions for hydration and fluid intake.
- Explain how to administer medications properly using a feeding tube and extension set and review the instructions for medications.

**Contact Information & Gastro-jejunal Info Card**

- Provide the patient and/or caregiver with your contact information.
- Also, provide them with the contact information of their clinical team.
- Explain who to contact, when and for what reasons.
- Log this contact information on the patient’s Gastro-jejunal Info Card for easy reference.

**Formula Preparation**

- Type of formula
- Amount of formula
- Feeding times

- Amount of each feeding
- Amount of water

- Pump setting or flow rate

- Additional ingredients:

**Gastric-Jejunal Feeding Tube Information**

- French size
- Length in centimeters
- Stoma length in centimeters
- Balloon volume
- Lot number

**Continuous Feed Extension Set**

- (5 per case), change every 2 weeks.

- Order# 

**Blenderized Table Food**

- Follow the doctor’s instructions.
- Flush with _ _ _ _ _ _ _ _ _ ml water before and after every feeding.
- Mix well and refrigerate.
- Follow your medical professional’s instructions.