

MIC-KEY\* GJ FEEDING TUBE  
Quick Start Guide

AVANOS



# ENTERAL FEEDING...

As easy as 1,2,3

## 1 FLUSH THE MIC-KEY\* GJ EXTENSION SET WITH WATER.



## 2 INSERT THE MIC-KEY\* GJ EXTENSION SET

into the port labeled "Jejunal" by aligning the black orientation line on the extension set with the corresponding black orientation line on the jejunal feeding port. Push the extension set down firmly and "lock" it into place by turning the connector CLOCKWISE until a slight resistance is felt (approximately a three-quarter turn). DO NOT rotate the connector past the stop point.

- It is important to keep the extension set "locked" into place during feeding. For tips and discussion on maintaining your extension set in a "locked" position, visit [www.mic-key.com](http://www.mic-key.com).



## 3 BEGIN ENTERAL FEEDING

- For continuous feeding, attach a giving set to a feeding pump with feeding solution in the bag.

- For more specific details on enteral feeding refer to the MIC-KEY\* GJ Feeding Tube Patient Use & Care Guide.



## Gastric Decompression

1. Open the gastric feeding port cover located at the top of the MIC-KEY\* GJ Feeding Tube.
2. Insert the MIC-KEY\* Bolus Extension Set into the port labeled "Gastric" by aligning the lock and key connector. Align the black orientation line on the set with the corresponding black orientation line on the gastric port. Lock the set into the gastric port by pushing in and rotating the connector clockwise until a slight resistance is felt (approximately a three-quarter turn). DO NOT rotate the connector past the stop point.
3. Begin gastric decompression.

**CAUTION: Do not use continuous or high intermittent suction. High suction could collapse the tube or cause stomach injury.**

## Fill Volume by Tube Size

Use sterile or distilled water to inflate balloon. Do not over inflate balloon. Over inflation may increase the risk of balloon damage.

Code	Recommended Fill Volume	Max Fill Volume
0270-XX-Y.Y-15	3 ml	5 ml
0270-XX-Y.Y-22	3 ml	5 ml
0270-XX-Y.Y-30	3 ml	5 ml
0270-XX-Y.Y-45	7 ml	10 ml
8270-XX-Y.Y-15	3 ml	5 ml
8270-XX-Y.Y-22	3 ml	5 ml
8270-XX-Y.Y-30	3 ml	5 ml
8270-XX-Y.Y-45	7 ml	10 ml

## CLEANING AND CARING FOR THE MIC-KEY\* GJ TUBE AND STOMA SITE

### Tube & Port Care

Clean the external portion of the feeding tube:

- Use warm water and mild soap, being careful not to pull or manipulate the tube excessively.
- Rinse thoroughly, dry well.
- **DO NOT** rotate the external bolster. This may cause the tube to kink and possibly lose position.



### Clean the jejunal, gastric and balloon ports:

- Use a cotton-tipped applicator and/or soft cloth to remove all residual formula and medication.

### Cleaning and Caring for the MIC-KEY\* GJ Feeding Tube and Stoma Site

Clean the skin around your MIC-KEY\* GJ Feeding Tube daily using:

- Mild soap and water
- A soft, lint-free cloth

### Safety Tips

- Always wash your hands thoroughly with warm, soapy water before touching the feeding tube.
- Avoid puncturing or tearing any part of the tube or extension sets.

## USING THE MIC-KEY\* GJ EXTENSION SET

### To Connect:

Insert the MIC-KEY\* GJ Extension Set into the port labeled "Jejunal" by aligning the black orientation marking on the set with the corresponding black orientation line on the jejunal feeding port. Lock the set into place by turning the connector **CLOCKWISE** until a slight resistance is felt.



### To Disconnect:

Disconnect the extension set from the MIC-KEY\* GJ Jejunal feeding tube port by rotating it **COUNTER-CLOCKWISE** until the black line on the set aligns with the black line on the feeding port. Gently detach the extension set and cap the MIC-KEY\* GJ Gastric and Jejunal ports with the attached feeding tube cover.



It is recommended that you only connect the MIC-KEY\* Extension Sets to the MIC-KEY\* GJ Feeding Tube.

To avoid damage, do not insert medication or nutrition directly into the feeding port valve.

- Available: Bolus and Continuous Feeding Extension Sets
- Flush your feeding tube and extension sets before and after every use to prevent clogging.

### Replacing the MIC-KEY\* GJ Feeding Tube

Your clinician will decide when to replace the MIC-KEY\* GJ Feeding Tube. See your medical professional if you are experiencing any of the following issues and be sure to request that your stoma length be checked with the MIC-KEY\* Stoma Measuring Device (SMD):

- a. Significant weight gain or loss
- b. Tube pinches or feels tight
- c. Tube feels too loose
- d. Stoma is uncomfortable and/or irritated

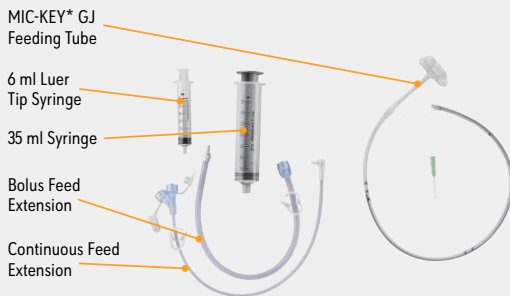
## WHAT'S INSIDE THE AVANOS MIC-KEY\* GJ KIT?

### MIC-KEY\* GJ Continuous Feed Extension Set, 12 in.

For daily continuous/pump feeding, administering medication and/or venting (replace every few weeks).

### MIC-KEY\* GJ Bolus Feed Extension Set, 12 in.

For daily bolus feeding, and/or venting (replace every few weeks).



### MIC-KEY\* GJ patient Use & Care Guide

This resource for Enteral Feeding Tube users and caregivers covers:

1) enteral feeding with the low-profile tube, 2) cleaning and caring for the tube, and 3) locating additional support and help.

#### 35 ml Syringe

For venting, priming and flushing your extension sets.

#### 6 ml Luer Slip Syringe

For inflating and deflating the tube's balloon with sterile or distilled water.

**Note:** The Stoma Measuring Device is NOT INCLUDED with the Kit.

## TIPS FOR FEEDING TUBE SUCCESS

- To avoid a "Balloon Burst", use your MIC-KEY\* GJ Feeding Tube as indicated in the Instructions For Use (IFU).
- To avoid damage, always use the correct equipment. Only use the extension sets as instructed by a clinician. Only use a syringe for its intended purpose.
- Replace extension sets per the IFU.
- Only use sterile or distilled water to fill your balloon.
- A medical professional will determine the proper length of the tube by using a stoma measuring device and then recommend the proper length. If there are issues with the tube, stoma or significant weight is gained or lost, contact a medical professional. A new measurement could be required.
- The external base of the feeding tube should rest just above the skin surface. A good fit is considered 1 to 2 mm above the skin, about the thickness of a dime. If the external base is sitting too low or high, contact your clinician to see if you need to be re-measured.
- Refer to the inside of this brochure for the specific tube inflation volume of your balloon. It will vary based on tube size.
- Use only water-soluble lubricant.
- The MIC-KEY\* GJ Feeding Tube features anti-reflux valves located on the external base. When you attach extension sets, those valves are opened to allow feeding, medication delivery or decompression. It is important to keep both the feeding port and the anti-reflux valve clean with proper flushings.
- To avoid valve damage, do not insert medication or nutrition formula directly into the feeding port valve.

For more information, view the MIC-KEY\* GJ Feeding Tube System Patient Use & Care Guide and the Life with MIC-KEY\* video at [www.mic-key.com](http://www.mic-key.com) or ask your clinician.

Like us on [www.mic-key.com/facebook](http://www.mic-key.com/facebook). Here, you can chat with us and other feeding tube users in the community to learn valuable tips for feeding tube success. The Avanos\* MIC-KEY\* GJ Feeding Tube is indicated for patients who require long-term feeding.

#### Patient Resources

[www.mic-key.com](http://www.mic-key.com)

[www.mic-key.com/newsletter](http://www.mic-key.com/newsletter)

[www.facebook.com/mymickeytube](http://www.facebook.com/mymickeytube)

There are inherent risks in all medical devices. Please refer to the product labeling for **Indications, Cautions, Warnings and Contraindications**. Failure to follow the product labeling could directly impact patient safety. Physician is responsible for prescribing and administering medications per instructions provided by the drug manufacturer. Refer to [www.avanosmedicaldevices.com](http://www.avanosmedicaldevices.com) for additional product safety Technical Bulletins.

For more information please visit: [www.avanosmedicaldevices.com](http://www.avanosmedicaldevices.com)  
Call 1-844-4AVANOS (1-844-428-2667) in the United States and Canada.

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[www.avanosmedicaldevices.com](http://www.avanosmedicaldevices.com)



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